

GRE Psychology Practice Test 6

Cognitive Psychology:

What is the term for the mental shortcut that involves making decisions based on the information readily available, rather than seeking out all possible information?

- a) Anchoring heuristic
- b) Availability heuristic
- c) Representativeness heuristic
- d) Confirmation bias

Developmental Psychology:

According to Lawrence Kohlberg's theory of moral development, at what stage does a person make decisions based on a sense of duty and a desire to maintain social order?

- a) Preconventional
- b) Conventional
- c) Postconventional
- d) Amoral

Social Psychology:

The phenomenon in which individuals are less likely to offer help in an emergency when others are present is known as:

- a) Bystander effect
- b) Social loafing
- c) Groupthink
- d) Deindividuation

Abnormal Psychology:

A persistent and irrational fear of a specific object or situation is characteristic of:

- a) Generalized anxiety disorder
- b) Panic disorder
- c) Specific phobia
- d) Social anxiety disorder

Biological Psychology:

Which part of the brain is primarily responsible for regulating basic life functions such as heartbeat and breathing?

- a) Cerebellum
- b) Medulla oblongata
- c) Thalamus
- d) Hypothalamus

Research Methods:

What is the purpose of a placebo in a controlled experiment?

- a) To serve as the experimental group
- b) To eliminate confounding variables
- c) To measure the baseline level of the dependent variable
- d) To control for the placebo effect

Personality Theories:

According to Albert Bandura's social cognitive theory, what is the term for the belief in one's ability to perform a specific task?

- a) Self-concept
- b) Self-esteem
- c) Self-efficacy
- d) Self-regulation

Clinical Psychology:

Which therapeutic approach focuses on helping individuals change negative thought patterns and maladaptive behaviors?

- a) Psychodynamic therapy
- b) Humanistic therapy
- c) Cognitive-behavioral therapy (CBT)
- d) Gestalt therapy

Neuropsychology:

Damage to Broca's area in the left hemisphere of the brain is most likely to result in difficulties with:

- a) Language comprehension
- b) Spatial awareness
- c) Motor coordination
- d) Visual perception

Learning and Behaviorism:

In classical conditioning, what is the term for the reappearance of a conditioned response after a period of rest or extinction?

- a) Spontaneous recovery
- b) Stimulus discrimination
- c) Operant conditioning
- d) Response generalization